THE NEED

The number of baby boomers with complex care needs is rising rapidly...

...causing healthcare costs to climb.

Patients with declining health lack nonmedical support...

... and find it hard to navigate the system.

Though existing medical services are shifting to person centered care...

... they are episodic, reliant on overburdened clinical workforce, and lack scalability.

THE GAP

As health declines, hospitalizations increase and care becomes fragmented, that’s where LifeCourse comes in.

LifeCourse extends support beyond health care settings by building longitudinal relationships across episodes of care.

LIFECOURSE

Integrating a trained community health worker, called a care guide, into the care team; providing regular home visits.

Whole person support using a structured visit framework to guide discussions of physical, psychosocial, and financial concerns.

Helps patients articulate what matters most and supports completion of advance directives, while communicating all preferences in the electronic health record.

Community-oriented approach that connects to resources that help meet their needs and prepare for what is coming next.

OUTCOMES

MEDIAN HOSPICE LENGTH OF STAY

with LifeCourse: 28 days

with usual care: 17 days

better quality of life

higher patient care experience

more patients with advance care plans

16% fewer ED visits

27% fewer inpatient days

57% fewer ICU stays

$959 PMPM savings

8:1 return on investment

lifecoursemn.org